

All items need to be **pre-ordered** Thursday for Tuesday delivery, and order Monday for Thursday delivery. All items are nett priced Price

List 23rd Feb 09

Doble Quality Foods 01872-552121



	<u>Chicken Sandwich Fillings</u>	<u>1 KG</u>
R	Chicken Mayonnaise	£6.85
R	Chicken & Sweetcorn	£6.85
	Chicken, Ham & Pineapple	£6.85
	Chicken, Sage & Onion	£6.85
	Garlic Chicken	£6.85
R	Chicken & Bacon	£6.85
H	Caesar Chicken & Bacon	£6.85
H N	Chicken & Bacon in a Tomato & Herb Dressing	£6.85
	Barbecue Chicken	£6.85
R	Coronation Chicken	£6.85
	Chicken Tikka	£6.85
	Lemon Chicken	£6.85
R	Chinese Chicken	£6.85
	Thai Green Curry Chicken	£6.85
	Chicken Korma	£6.85
	Mango Chicken	£6.85
	Curried Chicken	£6.85
	Balti Chicken	£6.85
	Tandoori Chicken	£6.85
	Mexican Chicken	£6.85
	Spicy Chicken	£6.85
H	Heatable Cajun Chicken	£6.85
	<u>In Sauce Chicken Range</u>	<u>1 KG</u>
H N	Chicken in Tikka Masala Sauce	£6.85
N	Chicken Tikka in Yogurt & Mint Dressing	£6.85
H N	Chicken in Green Thai Sauce	£6.85
H N	Satay Chicken	£6.85
H N	Cajun Chicken & Tomato	£6.85
H N	Chicken & Bacon with Smokey Tomato Sauce	£6.85
N	Chicken in Honey & Mustard Dressing	£6.85
H N	Honey Chilli Chicken	£6.85
H N	Firecracker Chicken	£6.85
H N	Italian Style Chicken	£6.85
H N	Chicken in Barbecue Sauce	£6.85
H N	Indonesian Chicken	£6.85
H N	Chicken & Chorizo	£6.85
H N	Red Thai Chicken	£6.85
	<u>Cooked Meat Sandwich Fillings</u>	<u>1 KG</u>
	Ham, Cheese & Pineapple	£6.50
	Ham & Cheese	£6.50
	Smokey Joe (Smoked Ham & Cheese)	£6.50
	Smoked Ham in Whole Grain Mustard	£6.90
	Smoked Ham, Cream Cheese & Chives	£6.90
	Ham & Emmenthal Cheese	£6.90

Frankfurter, Salami & Pepperoni	£6.90
Sausage in Barbecue Flavoured Mayonnaise	£5.75
Beef & Horseradish	£6.90
Spicy Mediterranean Beef	£6.90
Lamb & Mint	£6.90
Corned Beef & Onion	£5.15

Insauced Cooked Meat Range **1 KG**

N	Ham in Honey & Mustard Dressing	£6.50
H N	Spicy Barbecue Beef	£7.90
H N	Louisiana Style Beef	£7.90
H N	Beef in Sweet Chilli Sauce	£7.90
H N	Fajita Beef	£7.90
H N	Spicy Meatballs in Salsa	£7.90
H N	Lamb in Garden Mint Dressing	£9.00
H N	Lamb, Red Onion & Garden Mint Dressing	£9.00
H N	Char Sui Pork	£8.40
H N	Roast Pork & Apple Sauce	£8.40
H N	Barbecue Pork	£8.40
H N	Peking Duck	£9.70
H N	Hoisin Duck	£9.70
H N	Aromatic Duck	£9.70
H N	Natural Beef in Gravy	£7.90

Heatable Sandwich Fillings **1 KG**

H N	Chicken Balti	£7.10
H N	Chicken Jalfrezi	£7.10
H N	Chicken Tikka Masala	£7.10
H	Chicken, Bacon & Mozzarella	£7.10
H	Peppered Beef Melt	£7.10
H	Beef & Mushroom Melt	£7.10
H	Ham, Pineapple & Mozzarella	£7.10
H	Mozzarella, Pepperoni & Jalepino	£7.10
H V	Mozzarella, Sundried Tomato & Jalepino	£6.60
H	Tuna Melt	£6.60

Turkey Sandwich Fillings **1 KG**

Turkey, Sage & Onion	£7.90
Turkey, Bacon & Cranberry	£7.90

Vegetarian Sandwich Fillings **1 KG**

V	Vegetarian Tikka	£5.85
V	Crunchy Vegetarian Mix	£5.85
V	Vegetarian Mexican	£5.85
H N V	Chargrilled Vegetables	£5.85
N V	Houmous	£3.95
N V	Houmous, Sundried Tomato & Red Onion	£4.00

Egg Sandwich Fillings **1 KG**

R V	Egg Mayonnaise	£3.00
V	Egg & Chives	£3.50
	Egg & Bacon	£5.60
	Egg, Bacon & Sausage	£5.60



Cheese Sandwich Fillings (Vegetarian) **1 KG**

V	Cheese Savoury	£5.00
V	Cheese Savoury & Apple	£5.00
R V	Mixed Cheese & Onion	£5.40
V	Mixed Cheese & Spring Onion	£5.40
V	Cheese, Apple & Sunflower Seeds	£5.40
V	Red Cheddar Cheese & Apple	£5.40
V	Red Leicester & Spring Onion	£5.40
N V	Cream Cheese & Chives	£6.00
N V	Cottage Cheese & Pineapple	£6.00
V	Spicy Chilli Cheese	£6.00

Seafood Sandwich Fillings

1 KG

R	Tuna Mayonnaise	£4.50
H N	Mediterranean Tuna	£5.20
H N	Mexican Chilli Tuna	£5.20
R	Tuna & Sweetcorn	£4.50
R	Tuna Savoury	£5.20
	Tuna & Lemon Pepper Mayonnaise	£5.50
R	Crab Flavour Sandwich Filling	£5.60
	Crab Flavour Filling & Prawns	£6.90
	Seafood Cocktail (Crab Flake Prawns Smk Salmc	£7.40
	Smoked Salmon & Cream Cheese	£7.40
R	Poached Salmon Mayonnaise	£9.10
R	Prawn Mayonnaise	£8.45
	Prawn Marie Rose	£8.45

MARINADES & COOKED MEATS

Dry Marinades

500 GRM

1 KG

H N	Chicken Tikka	£3.60	£7.00
H N	Lime & Coriander Chicken	£3.60	£7.00
H N	Cajun Chicken	£3.60	£7.00
H N	Piri Piri Chicken	£3.60	£7.00
H N	Red Thai Chicken	£3.60	£7.00
H N	Chinese Chicken	£3.60	£7.00
H N	Italian Chicken (Sundried Tomato & Herbs)	£3.60	£7.00
H N	Barbecue Chicken	£3.60	£7.00
H N	Chargrilled Chicken	N/A	£7.00

Low Fat Fully Coated Marinades

1 KG

H N	Rosemary & Garlic Chicken	£7.00
H N	Mediterranean Chicken	£7.00
H N	Lemon Pepper Chicken	£7.00
H N	Chinese Chicken	£7.00
H N	Chicken Tikka	£7.00
H N	Tandoori Chicken	£7.00
H N	Jamaican Jerk Chicken	£7.00
H N	Southern Style Chicken Strips	£7.00

Cooked Meats

500 GRM

1 KG

H N	Sliced Sausage	£3.25	£6.50
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Stuffing

1 KG

H N V	Sage & Onion Stuffing Slices	£3.90
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H = Heatable

N = Mayonnaise free products

R = Available with reduced calorie mayonnaise

V = Suitable for vegetarians





Reduced Calorie Sandwich Fillings

1 KG

Chicken Mayonnaise	£6.85
Chicken & Sweetcorn	£6.85
Chicken & Bacon	£6.85
Coronation Chicken	£6.85
Chinese Chicken	£6.85
Insauce Chicken Tikka Masala	£6.85
Egg Mayonnaise	£3.50
Mixed Cheese & Onion	£5.80
Tuna Mayonnaise	£5.00
Tuna & Sweetcorn	£5.00
Tuna Savoury	£5.50
Crab Flavour Sandwich Filling	£6.00
Poached Salmon Mayonnaise	£9.00
Prawn Mayonnaise	£9.00



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Low Fat Sandwich Fillings

1 KG

Insauce Chicken in Green Thai Sauce	£6.85
Insauce Honey Chilli Chicken	£6.85
Insauce Firecracker Chicken	£6.85
Insauce Italian Style Chicken	£6.85
Insauce Chicken in Barbecue Sauce	£6.85
Insauce Spicy Barbecue Beef	£7.90
Insauce Beef in Sweet Chilli Sauce	£7.90
Insauce Fajita Beef	£7.90
Houmous	£3.95
Houmous, Sundried Tomato & Red Onion	£4.00
Mexican Chilli Tuna	£5.20
Mediterranean Tuna	£5.20



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Low Fat Marinades

500 GRM

1KG

Chicken Tikka	£3.50	£7.00
Cajun Chicken	£3.50	£7.00
Chinese Chicken	£3.50	£7.00
Italian Style Chicken (Sundried Tomato & Herbs)	£3.50	£7.00
Barbecue Chicken	£3.50	£7.00
Rosemary & Garlic Chicken	N/A	£7.00
Mediterranean Chicken	N/A	£7.00
Lemon Pepper Chicken	N/A	£7.00
Fully Coated Chinese Chicken	N/A	£7.00
Fully Coated Chicken Tikka	N/A	£7.00
Tandoori Chicken	N/A	£7.00
Jamaican Jerk Chicken	N/A	£7.00

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Low Fat Salads

1 KG

2 KG

Sweet & Sour Beetroot	£3.50	£7.00
Three Bean Salad	£3.50	£7.00
Mediterranean Pasta Salad	£3.50	£7.00
Mexican Rice Salad	£3.50	£7.00
South Sea Rice Salad	£3.50	£7.00

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PASTA SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Mediterranean Pasta Salad	<i>Fusilli Pasta with diced mixed peppers and sweetcorn in a tangy tomato & oregano dressing</i>	£3.70	£7.20
Mediterranean Spicy Pasta Twirl	<i>Fusilli pasta with diced mixed peppers and sweetcorn in a mildly spiced tomato dressing.</i>	N/A	£7.20
Pasta & Tuna Salad	<i>Pasta shells with tuna fish and onion in a tomato and herb dressing.</i>	£3.70	£7.40

Spirali Pesto Salad	<i>Pasta spirals coated in a green pesto dressing</i>	£6.25	1.5 kg
Tricolour Pasta & Vegetable Salad	<i>Tricolour Pasta with tricolour peppers and onions in a clear dressing.</i>	£3.25	£6.50
Pasta Sundried Tomato Salad	<i>Pasta spirals, coated in a tomato dressing flecked with green herbs, mixed with niblets of sweetcorn, cheese, onion and sun-dried tomato.</i>	N/A	£7.75
Red Pesto Penne	<i>Penne pasta and red peppers in a sun-dried tomato dressing with red pesto.</i>	N/A	£10.95
Pasta Bows Tomato Basil	<i>Pasta bows in a sun-dried tomato dressing with tomato, red pepper and spring onion & basil.</i>	N/A	£8.20
Pasta Mushroom Greque	<i>Button mushrooms, pasta shells and diced onion in a tomato dressing.</i>	N/A	£8.75
Pasta, Ham & Sweetcorn	<i>Fusilli pasta with smoked ham, sweetcorn and mixed peppers bound in a creamy myonnaise</i>	£3.70	£7.40
Pasta & Prawn	<i>Fusilli pasta with prawns and mixed peppers in a marie rose sauce</i>	£3.70	N/A
Mushroom Italian	<i>Fusilli pasta with sliced mushrooms, mixed peppers and onion in a tomato dressing</i>	N/A	£6.50
Penne & lemon oil salad	<i>Penne pasta coated in lemon-flavoured olive oil.</i>	£5.30	1.5 KG
NOODLE SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Spicy Noodles	<i>Noodles with red peppers and baby sweetcorn in a chilli coriander dressing.</i>		£8.90
RICE SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Indian Rice Salad		N/A	£6.50
Mexican Rice Salad		£3.25	£6.50
Southsea Rice Salad		£3.25	£6.50
Spicy Fruity Rice	<i>Yellow rice with mango chutney, curry paste, sultanas and onions in a vinaigrette dressing.</i>	N/A	£6.50
White Rice Peppers	<i>White rice & peppers in a lemon vinaigrette.</i>	N/A	£6.50
Saag Rice		N/A	£6.50
COUS COUS & BULGHAR WHEAT SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Tabbouleh Mint	<i>Bulgar wheat with tomatoes, sweetcorn, onion, peppers and celery in a lemon & mint dressing.</i>	N/A	£6.50
Cous Cous & Chargrill Veg	<i>Couscous with chargrilled peppers, aubergine and courgette in a clear dressing</i>	N/A	£5.10
Moroccan Cous Cous	<i>Cous cous with diced mixed peppers and onion in a moroccan dressing complimented with coriander.</i>	£4.20	1.5KG
BEAN SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Three Bean & Veg Salad	<i>Soya, Red Kidney & Cannelini Beans with shredded cabbage and diced celery in a clear herb dressing.</i>	£3.25	£6.50
Mexican Bean Salad	<i>Mixed Beans, sweetcorn, onion and red peppers in a hot piri-piri dressing</i>	N/A	£7.60
VEGETABLE SALADS			
PRODUCT	DESCRIPTION	1KG	2KG
Sweet & Sour Beetroot	<i>Diced beetroot with diced onion in a sweet and sour dressing</i>	£3.25	£6.50
Apple, Celery & Sultana	<i>Diced apple with chunks of celery and sultanas in a creamy mayonnaise</i>	£3.25	£6.50
Carrot, Orange Coriander	<i>Shredded carrot with mandarin orange pieces in a clear lemon dressing complimented with coriander.</i>	£3.25	£6.50

Florida Salad	<i>Shredded cabbage with apple, mandarin orange pineapple and grapefruit pieces bound in a creamy mayonnaise</i>	£3.25	£6.50
Greek Salad	<i>Couscous with diced mixed peppers, black olives and diced fetta in a clear dressing</i>	N/A	£6.50
Russian Salad	<i>Diced, potato with macedoine vegetables (carrot, swede and peas), bound in a creamy mayonnaise</i>	£3.25	£6.50
Spicy Tomato Vegetable Medley	<i>Potatoes, courgettes, tomatoes, red onion, green beans and peppers with a spicy dressing.</i>	N/A	£6.75
Cheese Celery Salad	<i>Grated red leicester cheese with cabbage, diced mixed peppers, celery, onion and chives bound in a creamy mayo.</i>	N/A	£7.70
Waldorf Salad	<i>Diced apple and celery bound in a creamy mayonnaise</i>	£3.25	£6.50
COLESLAW			
PRODUCT	DESCRIPTION	1KG	2KG
Coleslaw Salad	<i>Cabbage, carrot & onion in a coleslaw mayonnaise</i>	£1.60	£3.00
Cheese & Celery Salad	<i>Grated red leicester cheese with cabbage, diced mixed peppers, celery, onion and chives bound in a creamy mayo.</i>	N/A	£7.70
Reduced Calorie Coleslaw	<i>Cabbage, carrot & onion in a reduced calorie coleslaw mayonnaise</i>	£1.90	N/A
Spicy Coleslaw		£2.80	£5.60
POTATO SALAD			
PRODUCT	DESCRIPTION	1KG	2KG
Premium Potato Salad	<i>Diced potato with diced onion & chives bound in a thick & creamy mayonnaise.</i>	£2.30	£4.60
Bombay Potato Salad	<i>Diced potato, sultanas, diced mixed peppers and onion in a curried salad dressing</i>	£2.50	£5.00
Potato Bacon & Chive	<i>Diced potato with smoked bacon in a creamy mayonnaise complimented with chives</i>	£4.50	£9.00
Indian Potato & Chickpea	<i>Diced potato with chick peas, sliced green pepper and onion in a spicy dressing</i>	N/A	£6.75
DIPS & DRESSINGS			
PRODUCT	DESCRIPTION	1KG	2KG
Tzatziki	<i>A yoghurt dressing with cucumber, garlic, lemon & mint</i>	£4.20	N/A
Yoghurt & Mint Dressing	<i>A yoghurt & mayo dressing with cucumber, garlic, lemon & mint</i>	£3.90	N/A
Low Fat Seasoned Dressing	<i>Natural yoghurt seasoned with salt and cracked black peppers</i>	£4.20	N/A
Low Fat Honey & Mustard Dressing	<i>Natural yoghurt flavoured with a honey & mustard dressing</i>	£4.20	N/A
Sour Cream		£3.95	N/A
Guacomole	<i>Avocado pulp with diced peppers & tomato with chilli & lemon</i>	£5.75	N/A
Houmous	<i>A coarse cut blend of chick peas with garlic & lemon</i>	£3.95	N/A
Houmous Coarse Cut	<i>A smooth blend of chick peas with garlic & lemon</i>	£2.99	N/A
Houmous & Sundried Tomato	<i>A smooth blend of chick peas garlic & lemon, with sun-dried tomato mixed peppers and red onion</i>	£4.00	N/A
Moroccan Dressing	<i>A fruity dressing complimented with moroccan herbs</i>	£5.50	N/A
SAUCES & CHUTNEYS			
PRODUCT	DESCRIPTION	1.35 KG	2.5 KG
Chunky Salsa	<i>Chunky chopped tomatoes with diced mixed pepper, onion and chilli</i>	£3.30	N/A

Sweet & Hot Chilli Sauce	<i>A sweet sticky sauce made with fresh chillies, mixed peppers, onion, garlic and ginger</i>	£5.00	N/A
Honey & Mustard Dressing	<i>A wholegrain and dijon mustard dressing sweetened with honey</i>	£5.00	N/A
Garden Mint Sauce		£5.70	N/A
Barbecue Sauce		£6.20	N/A
Peking Sauce	<i>Chinese style aniseed flavoured sauce</i>	£5.70	N/A
Hoisin Sauce	<i>A sweet chinese style sauce</i>	£6.20	N/A
Tikka Masala Sauce	<i>Authentic Indian spices with chopped tomatoes and coriander leaf</i>	N/A	£7.00
Balti Sauce		N/A	£7.00
Jalfrezi Sauce		N/A	£7.00
Tomato & Basil Sauce	<i>Tomato sauce with celery and onion complimented with basil</i>	N/A	£7.00
Arrabbiata Sauce	<i>A spicy tomato sauce with onion and peppers</i>	N/A	£7.00
Pizza Sauce	<i>A rich tomato and vegetable sauce complimented with italian style herbs</i>	£5.30	£10.50
Cranberry & Orange Sauce (Seasonal)	<i>A fruity cranberry sauce with a hint of orange</i>	£5.30	N/A
Wessex Style Chutney	<i>A Fruity apple and prune chutney</i>	£5.00	N/A
Normandy Style Chutney	<i>Fruity apricot and sultana chutney infused with mixed spices.</i>	£5.00	N/A
Lairds Style Chutney	<i>Traditional dark chutney with a hint of Scottish whisky</i>	£5.00	N/A
Tangy Tomato Chutney		£4.50	N/A
Caramelised Onions & Thyme	<i>Diced onions & thyme caramelised.</i>	£4.50	N/A
Indian Style Chutney		£5.70	N/A

